

# Biofeedback Matters®



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## The Return of In-Person Neurofeedback Training

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For more than ten years I have been involved in providing professional neurofeedback training in Miami, Florida for people interested in providing neurofeedback to their clients for various conditions including insomnia, anxiety, ADHD, Traumatic Brain Injury (TBI), and depression as well as peak performance. I have provided this professional training in New York for over twenty years.

I have also had the opportunity to use neurofeedback directly with clients myself in New York for the same length of time. When the COVID-19 pandemic caused a shut down in March of 2020, that came to a temporary stop. We had to cancel some of our seminars and I stopped seeing clients myself. Towards the end of June 2020, I

was able to resume seeing clients with safety procedures in place including social distance spacing, rubber gloves, and masks. I also cleaned all sensors, equipment, chairs, and desk between sessions. After about seven months I gave up the gloves and continued the rest of the safety procedures with no problems.

we have decided to start offering in person training again in New York, as well as continue to offer virtual classes. We have run several successful in person classes with small groups using the safety procedures mentioned earlier initially and have been able to remove masks while in the meeting room for those who are vaccinated and comfortable without wearing a mask. We have once again sched-

uled a virtual session for the neurofeedback session we will offer in February 2022. We look forward to returning to the Miami, FL area in person soon. There are many advantages to in person training including students having the opportunity to participate in lab sessions where they get to work with the neurofeedback equipment, hands on.

They learn how to operate the software, apply EEG sensors and caps, and work with each other as clients. Students also get to meet and interact with each other in person instead of on a computer screen.

It is very clear to me that virtual training is here to stay. It has its advantages. I plan to provide virtual training and attend virtual training as a student when appropriate.

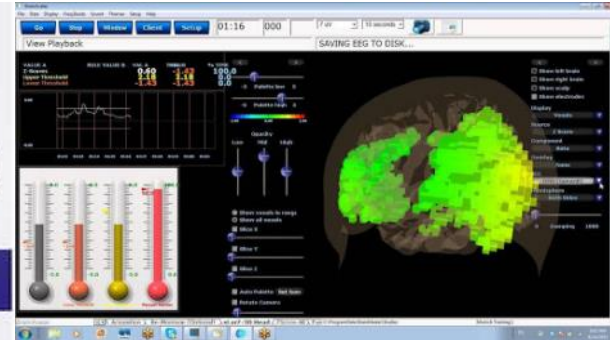


## Clinical power at your fingertip



**eVu TPS** Finger Sensor with brand new improved App for HRV, Temperature and Skin Conductance is only \$395 Call 877-669-6463 to order.

## Mini Product Catalog



Brainmaster Discovery 24 Channel Brain mapping and Neurofeedback system Emerald Package including amplifier, Avatar Software, 4 EEG Caps, QEEG Pro Brain mapping service, and supplies Order for \$16,105



**DeStress Solution System —  
T4509  
\$1,350.00**

Our top of the line physiological biofeedback system combines the versatile 8 channel ProComp Infiniti device with a full array of sensors, BioGraph Infiniti and the 360 suite. This complete system, which combines classic physiological biofeedback, HRV training, neurofeedback and passive infrared biofeedback into one set of tools is the wise choice for universities, hospitals and private clinics who want to have the widest selection of psychophysiological options. Including EMG, Temperature, Skin Conductance, HRV, Respiration, and EEG sensors.



## Biofeedback & Neurofeedback Equip- ment Rental Program

We offer instruments for rent to practitioners or directly to your clients to make the process easier for you. Items available for rent include:

Thought Technology Procomp-2,  
Procomp Infiniti

J&J GP-8, J&J GP-12

Heartmath EmWave Desktop

BioSignals HS and HS+ with Alive Software

BrainMaster 2E

**Call us for details**

**Thought Technology T7500M – ProComp  
Infiniti Encoder – 8 Channel \$7,260**

**Option 1**

**Alive BioSignals HS**

Heart Rate Variability and Skin Conductance sensors with **Alive Clinical Software** for only \$639 [Buy Now](#)

**Option 2**

**Alive BioSignals HS+**

Heart Rate Variability, Skin Conductance, Temperature, and Respiration sensors with **Alive Clinical Software** for only \$998 [Buy Now](#)

**Option 3**

**Alive Pioneer**

Heart Rate Variability, Skin Conductance, Temperature, Respiration, and Surface EMG sensors and **Alive Clinical Software** for only \$1,298 [Buy Now](#)

**Why do I need a second system?**

**Backup:** What would it cost you if your biofeedback system went down and it took two weeks to fix it? Having a backup system could keep you up and running until you get your primary system back at less than what you might lose in billing if you were down for only two or three days.

**Expansion:** Having a second station could allow you to work with more than one client at one time.

**Group work:** At these low costs you could set up multiple stations and run groups with computer based systems at a low enough cost to make it practical.



**MyOnyx 4-Channel EMG & Stim System** The MyOnyx device is a portable, rechargeable device for surface EMG biofeedback and electrostimulation which offers three functionality modes: standalone, remote control with an Android device and PC controlled with Windows software.

Mobile for use with tablet \$1,800

Clinical with Biograph Software for PC \$2,800

*Our new style of seminar is designed to teach clinicians biofeedback fundamentals and cutting-edge applications. For better use of your time, the seminar will be a combination of 3-day classroom and web-based training.*



## Biofeedback Training

This innovative seminar is designed to teach clinicians biofeedback fundamentals and cutting-edge applications. This program covers all 42 hours of the BCIA Didactic Biofeedback Education requirement through powerful demonstrations of biofeedback and adjunctive procedures, imaginative hands-on lab exercises with multi-channel computerized equipment, professional multimedia presentations and comprehensive review materials. This program integrates personal hands-on training with equipment with didactic presentation.

### Participants will learn:

The foundations of biofeedback

Physiological basis and recording of surface electromyography (sEMG), temperature, electrodermal activity (EDA), respiration patterns (strain gauges and pCO<sub>2</sub>), electroencephalography (EEG), peripheral blood flow (BVP), heart rate and respiratory sinus arrhythmia (RSA) and economic biofeedback approaches (including incentive spirometers and scales)

How to identifying artifacts and determining appropriate recording

How to record and interpret data

How to perform a psychophysiological profile and pre and post data comparison

The use of adjunctive techniques such as progressive relaxation training, autogenic training, imagery, guided breathing, desensitization, mindfulness training, quieting reflex. The role of home biofeedback devices such as emWave, Unyte, and GSR2, and eVU-TPS

Overview of clinical and educational applications

## Neurofeedback Training

This competency based curriculum includes practical, easily learnable strategies which may be used with virtually all of the most common EEG Neurofeedback applications. Designed to give the practitioner the knowledge and tools needed in order to rapidly achieve clinical and economic success in EEG Neurofeedback, this program emphasizes those neurofeedback adjunctive applications for which there is the greatest demand, including but not limited to: ADD / ADHD / Conduct Disorder & other Learning disabilities, Autism Disorders, Substance Abuse, eating disorders and addictive behaviors, PTSD, Multiple Personality Disorder, Depression, Behavioral and Stress Related Disorders, Anxiety / Panic Attacks, Pain Management, Chronic Pain, headaches (Migraine and Tension), RSD, Fibromyalgia, Phantom Limb etc., Adult and childhood sleep disorders, Traumatic Brain Injury, Stroke Rehabilitation, Dementia (non-Alzheimer's), Epilepsy, Chronic Fatigue Syndrome and MindFitness® Life / Performance Enhancement.

Many practitioners have told us that they had attended other EEG neurofeedback seminars but this is the one that put it all together for them and showed them how to provide quality neurofeedback services while clarifying many theories and hypotheses associated with EEG Neurofeedback.

Previous experience in biofeedback, EEG neurofeedback or computers is not required. Opportunity for hands on equipment training during lab sessions.

## Seminar Schedule

### BCIA Certification

#### Biofeedback

April 1-3, 2022

July 8-10, 2022

October 14-16, 2022

**All dates, Hawthorne, NY**

**Online sessions**

**February 15-18, 2022**

**Spring:**

May 2, 5, 9, 12, 16, 19, 23, 2022

**Fall**

September 1, 6, 8, 12, 15, 19, 22, 2022

Fees: \$1,295

#### Neurofeedback

April 22-24, 2022

July 29-31, 2022

November 4-6, 2022

**All dates Hawthorne, NY**

**Online sessions**

**February 20-23, 2022**

**Summer**

June 6, 9, 13, 16, 20

**Fall**

October 13, 17, 20, 24, 27, 2022

Fees: \$1,095







### Biofeedback Resources International

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**Connect with us on Social Media: @biofeedbackman on Twitter, and Biofeedback Resources International on Facebook and YouTube channel for more updates and information**

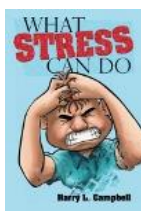


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## Biofeedback, Medical or Education?



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QUANTITY ORDERS.

**Harry L. Campbell**



*Is biofeedback medical or educational?*

*Biofeedback equipment has been around since the 1960s, yet some people still don't know about it.*

*Being able to use technology to help learn control over physiology has almost endless applications.*

*Many of us in the field of biofeedback are still disappointed in the reluctance of some insurance companies to reimburse health care professionals for providing biofeedback to their clients. This sometimes discourages people from providing biofeedback in their practices purely for financial reasons. I have actually had doctors tell me that they believe biofeedback is really good for their patients but they aren't doing it*

*because one of the main insurance carriers their patients have doesn't reimburse for it. This is a shame. If a therapy is effective, healthcare providers should be able to be paid for providing it. This fight continues.*

Another way to look at how biofeedback equipment is used is as education which can happen outside of the medical world. We use technology to learn all of the time. We use technology to help other people learn. What if you are using technology to help someone learn about their physiology? That is what we are doing with biofeedback. This can open up a whole other world outside of the medical field. If you are not treating a clinical, diagnosable, physical or mental health condition then you can use biofeedback to teach someone an increased level of control over things like their breathing, muscle

tension, heart rate, skin temperature, or even brain wave activity. It is still powerful but it doesn't have to be medical. It can actually be fun and rewarding to learn this kind of control. It doesn't only have to be used for someone who has something "wrong with them". People do pay for education. Even if health care insurance doesn't pay for biofeedback there are still ways to get paid for providing it. Coaching or teaching using biofeedback equipment as an educational tool and charging a fee for it is a business model that can work well. It is also a way that people can access biofeedback learning without having to do it through the medical world.

